<table>
<thead>
<tr>
<th>Title</th>
<th>Repeated adjustment of new dentures for Dysphagia.</th>
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</thead>
<tbody>
<tr>
<td>Author(s)</td>
<td>Hotta, H; Kanai, Y; Yamashita, S</td>
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</table>
Case Report

Repeated Adjustment of New Dentures for Dysphagia

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Abstract

When multiple tooth loss causes loss of occlusal-masticatory function, functional recovery is normally obtained with the help of removable dentures. After resection of the jawbone or tongue because of tumors, the movement of the tongue and its surrounding tissues is limited, and patients exhibit a more pronounced loss of chewing and swallowing than that observed in other cases of multiple tooth loss. In such cases, it is necessary to take extra care in determining the position of the mandible, arrangement of artificial teeth, and morphology of the palate. In the present case, the left lower jawbone was resected because of a gingival tumor, and when the new denture was manufactured, the intercuspal position was based on the resting position of the mandible. The stability of the lower complete denture was a priority and the artificial teeth were partially arranged on the lingual side. The new denture, however, caused insufficient closing of the mouth aperture and insufficient impact between tongue and palate, resulting in dysphagia. Therefore, the vertical dimension of occlusion was reduced multiple times to improve chewing and swallowing function.

Key words: Complete denture — Jawbone resection — Arrangement of artificial teeth — Dysphagia — Vertical dimension of occlusion

Introduction

When missing teeth impair occlusal-masticatory function, swallowing, pronunciation, or esthetics, prostheses such as removable dentures can be used for functional recovery. In the case of edentulous jaws, several techniques are used to reproduce the lost intercuspal position. These techniques may be physiological or functional and be based on the resting position of the mandible or swallowing position, or they may be morphological and be based on the distance between facial parts. Furthermore, various methods are used to determine arrangements that improve the retention stability of artificial teeth and recover occlusal-masticatory function.

Thus, various techniques have been developed for functional recovery in cases where the jaw is edentulous. However, the movement of the tongue and surrounding tissues is often limited in patients that have undergone partial jawbone or tongue resection because of oral tumors, which can exacerbate
functional impairments such as pronunciation problems. Therefore, it is necessary to take extra care in such cases in determining the intercuspal position and arrangement of artificial teeth so that they match movement of the tongue and tissue function.

Here, we report a completely edentulous patient in whom the left side of the lower mandible was resected because of a tumor. The intercuspal position was adjusted several times after a denture had been fitted as difficulties arose in eating. Dysphagia later occurred on further prosthetic treatment including application of complete dentures.

**Case Report**

The patient was an 87-year-old man who first visited our department in October, 2006. His chief complaint was instability of the complete dentures and reduced ability to bite.

His medical history revealed that he had undergone unilateral resection of the left lower jawbone because of a gingival tumor in the left lower mandible in 1981. Surgical procedures were subsequently performed three times between 1983 and 1985 and the mandible reconstructed using titanium plates.

Upper and lower complete dentures were fitted in 1985, but repeated adjustment and denture relining were subsequently required. In November 1999, elastic relining material was unsuccessfully attached to the lower denture, and further adjustment and additional attachment of the elastic relining material were repeatedly required.

Status on presentation: both the maxilla and mandible were edentulous. Maxillary alveolar ridge resorption was moderate and the morphology was mostly favorable. No alveolar ridge was observed on the left side of the mandible, which had been reconstructed using titanium plates after bone resection (Fig. 1), only a groove between the cheek and tongue. In contrast, some mandibular bone remained on the right side. The alveolar ridge was relatively smooth, although some alveolar resorption was observed.

A small area had been resected from the left side of the tongue, but no reconstruction with mucosal grafting. Tongue movement was relatively good. However, the patient had some difficulty in poking his tongue into the right side of the mouth and then returning it to the palate.

In addition, postoperative scars and the lack of a lower jawbone imposed a high level of strain on the left lower lip, which had recessed lingually.

Figure 2 shows the complete dentures that were fitted in 1985 and are currently in use.

A lack of significant problems in the arrangement of the artificial teeth was presumed as the upper alveolar ridge morphology was
favorable and had been taken into account in manufacturing the upper dentures. Because
the mandibular denture had been manufactured in accordance with the arrangement of
the artificial teeth in the maxillary denture, the mandibular artificial teeth exceeded the
buccal border of the denture base from the anterior teeth to the left canine and were
located on the labial side (Fig. 3). This resulted in movement of the denture because
the indented left unilateral lower lip placed right posterior pressure on the artificial teeth
in the same region when the mouth was opened.

The mandibular position was unstable due to movement of the lower denture during
opening and closing of the mouth, causing the upper denture to also move during
tapping, thereby lowering retention stability. As a result, although the patient complained
of difficulty in chewing, he did not report dysphagia.

Treatment Strategy: adaptation of the complete dentures was insufficient, the occlusal
relationship was unstable, and vertical dimension of occlusion (VDO) was reduced because
of alveolar ridge resorption and attrition of the artificial teeth. Therefore, the necessity of
new upper and lower dentures was explained to the patient and his consent obtained.

1. Impression taking
The morphology of the lower alveolar ridge was of an extremely inferior type, and the
bearing ability was predicted to be extremely low. Thus, to widen the bearing area as much
as possible, individual trays were used and an impression obtained using a rubber-based
impression material after the morphology of the border of the base had been determined
using border molding.

Although the upper alveolar ridge conditions were favorable, a combined impression with the lower denture was obtained because it appeared that increased denture stability
would additionally contribute to the stability of the corresponding lower denture.

2. Maxillo-mandibular registration
The jaw position was determined on the basis of the resting position of the mandible and the horizontal jaw position was determined using Gothic arch tracing as VDO was reduced and the occlusal relationship unstable.

3. Artificial teeth arrangement
The artificial teeth in the upper denture were arranged according to regulations and considering esthetic requirements. However, in arranging the artificial teeth in the lower
denture it was noticed that the morphology of the alveolar ridge, which provides the foundation for denture support and retention stability, was extremely inferior. In addition, the lower dentures were matched with the surrounding tissues to increase stability due to overstressing and recession of the left lower lip. On the left side, in particular, the arrangement was based on the neutral zone of muscle pressure in the lower lip, cheek, and tongue rather than using the intercuspal relationship with the upper artificial teeth.

4. Fitting and adjustment
The lower denture must be harmonized with the surrounding tissues, even if it has been polymerized and fitted according to regulations. Adjustment according to regulations dictates that if the patient is dissatisfied, functional impressions should be used to arrange the morphology of the basal plane and muscle pressure plane. The denture should then finally be completed with indirect rebasing.

5. Treatment progress
1) The beginning of November, 2006 — Impression taking
Combined impressions were obtained for the upper and lower dentures using individual trays.
2) The middle of November, 2006 — Maxillo-mandibular registration
Maxillo-mandibular registration was conducted using a bite plate. Maxillary face-bow transfer was performed at the same time. The VDO was determined on the basis of the resting position of the mandible, and 2 mm of rest space was subtracted from the distance between the subnasal and submental points to allow for the decreased VDO arising from attrition of the current complete dentures and resorption of the jawbone.

In addition, to improve denture stability, the cheek-tongue position of the occlusal rim of the mandible was lingually measured in the right upper denture, which demonstrated postoperative scar strain. The denture was set in a position that matched the pressure from the lower lip, buccal mucosa, and tongue.

3) The beginning of December, 2006 — Confirmation of horizontal jaw position
The horizontal jaw position was determined using Gothic arch tracing. Gothic arches (Fig. 4) were used to confirm alteration of horizontal momentum that appeared to have been caused by surgical resection of the lower jawbone.

During tapping, a bite path from the right direction toward the apex that corresponded to the movement path of the right border was observed (Fig. 4, arrowhead). It appeared to have been caused by the patient habitually masticating on the right side where the jawbone remained. The denture had a strong bearing capacity. The horizontal jaw position was determined as being toward the end of this tapping path and adjacent to the apex.

4) The middle of December, 2006 — Trial application of wax model
A trial application of wax dentures with arranged artificial teeth was performed. Favorable retention stability was achieved in the lower denture and hardly any movement was apparent during mouth opening. Regarding VDO, the patient stated, “It feels a little high, but isn’t uncomfortable.”

5) The end of December, 2006 — Insertion of new dentures
New upper and lower dentures were
inserted (Fig. 5). No strong pain was observed in either jaw.

Favorable retention stability and few problems were observed in the upper denture, which appeared to be functional. The lower denture was almost in harmony with the surrounding tissues and no movement occurred during mouth opening. Occlusal adjustment was also performed for the misalignment in the intercuspal position that was confirmed during the try-in.

6) Three days after insertion — First adjustment

The patient expressed dissatisfaction and stated, “There is no pain, but food and soup spill out of my mouth when I eat and I cannot swallow properly”[6,9].

During the first adjustment, recession in the left half of the lower lip and incomplete closure of the upper lip were confirmed (Fig. 6), indicating the probable cause spillage during mastication. It also appeared that the patient found it difficult to swallow a bolus as the tongue had an adequate impact on the palate due to the increase in the VDO[5,6,10].

The lower denture (Fig. 7) was adjusted to the right side of the left premolar region from the front tooth to prevent labial pressure with the aim of improving lower denture stability. This resulted in insufficient lip support for the left half of the lower lip. In addition, VDO had been determined on the basis of the resting position of the mandible, without taking the state of oral aperture closure or tongue contact with the palate into consideration. This appeared to be the reason lip
support was insufficient.

Therefore, to improve mouth closure and contact between the tongue and palate, an extra occlusal adjustment was performed to reduce VDO.

7) The middle of January, 2007 — Second adjustment

Although the VDO had somewhat reduced since the previous adjustment, the patient still experienced difficulty in eating and complained of dysphagia. Therefore, for re-examination of VDO and artificial teeth arrangement, the artificial teeth in the mandibular denture were removed, an occlusion rim installed, and the interocclusal relationship re-registered. This caused loss of stability in the lower denture, so the artificial teeth arranged from the lower anterior region to the left premolar region could not be moved to the labial and buccal sides. Therefore, to prevent spillage on mastication, the VDO was reduced so that the mouth aperture could close naturally. After this procedure was performed, the patient found it easy to swallow saliva, suggesting that contact between the tongue and palate had improved.

8) The end of January, 2007 — Trial-in after correction of artificial teeth arrangement

The VDO was reduced, arrangement of artificial teeth corrected, and the trial-in of a wax model conducted. The closing state of the left half of the upper and lower lips was favorable 

Fig. 8 Closure of lips was improved by reducing occlusal vertical dimension

(7) Fig. 8 Closure of lips was improved by reducing occlusal vertical dimension

9) The beginning of February, 2007 —

Insertion of complete dentures after correction of artificial teeth arrangement

The stability of the lower denture during mouth opening and the labial closed state during mouth closing were favorable.

10) The middle of February, 2007 —

Adjustment after correction

Although some tenderness occurred in the mucous membrane under the upper denture, it disappeared when the basal surface was adjusted. Furthermore, the dysphagia which had caused patient dissatisfaction prior to correction had almost completely disappeared. The patient indicated that his condition was completely favorable.

**Discussion**

When the loss of numerous teeth results in functional impairment such as difficulty in chewing or swallowing, or loss of intercuspal position, occlusion is reconstructed with dentures to aid functional recovery. In particular, when large-scale dentures such as complete dentures are fitted, various factors such as the intercuspal position and the arrangement of artificial teeth must be considered.

Normally, the intercuspal position is determined based on physiological and functional standards such as resting position of the mandible during swallowing or morphological standards determined by measuring facial parts 

Furthermore, in many cases, the position of the upper and lower jaw alveolar ridges and their corresponding relationship are used as standards for artificial teeth arrangement, while also taking esthetic elements into consideration in improving retention stability of the artificial teeth against occlusal-masticatory force. It is also necessary for the morphology of the palate to match the formation and movement of a bolus by the tongue. However, such movement is often impaired in cases that have undergone oral tissue or tongue resection because of oral tumors. Therefore, it is necessary to use different methods to
determine the intercuspal space, arrangement of artificial teeth position, and denture base morphology\textsuperscript{5,10}. When difficulty is experienced in bringing the tongue into contact with the palate, the morphology of the upper denture base must be adjusted so that proper impact is restored.

In the present case, the intercuspal position was determined on the basis of the resting position of the mandible, and the artificial teeth were given an unconventional arrangement to improve the stability of the lower denture. As a result, the rocking of the lower denture caused by opening and closing of the mouth was reduced and the intercuspal position stabilized.

However, it appeared that when the artificial teeth were arranged on the lingual side of the right premolar region from the lower frontal tooth region, the strain on the lower lip, caused by surgical scars, and raised intercuspal position, caused by previous dentures, resulted in incomplete closure of the mouth aperture in the intercuspal position. This seemed to be the reason for food spillage. It also appeared that insufficient impact of the tongue on the palate caused by increased VDO\textsuperscript{6} resulted in increased dysphagia, because the morphology of the palate was identical to that of the previous dentures.

Therefore, the VDO was first used to adjust the position of the artificial teeth to improve the incomplete closure of the mouth aperture. Rocking of the lower denture was observed during mouth opening when the artificial teeth were moved to the labial and buccal sides, so the position of the artificial teeth could not be changed. Therefore, incomplete closure of the mouth aperture was improved by reducing the VDO, which appeared to result in a more favorable impact of the tongue on the palate and improvement of dysphagia\textsuperscript{10}.

Therefore, to promote recovery of eating function, therapeutic strategies must address not only the function of the temporomandibular joint and masticatory muscles as well as the maxillofacial morphology but also the functional recovery of various tissues surrounding the oral cavity such as the lips and tongue in determining the intercuspal and artificial tooth positions for dentures. Extra care is required in making major alterations to the VDO and arrangement of artificial teeth in comparison with previous dentures in elderly patients as this may cause unexpected problems. Therefore, it is necessary to proceed with correction of older dentures while carefully monitoring patient reaction.

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**References**


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